



# AMERICA S U C C E E D S

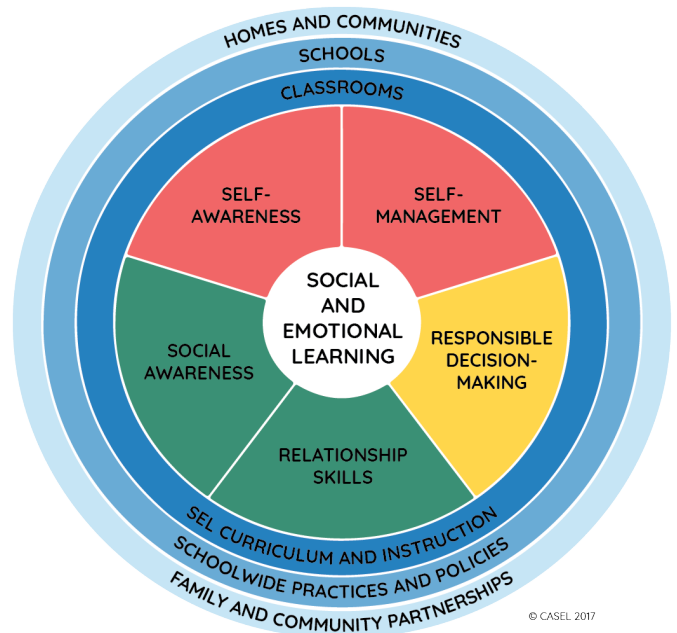
## What is Social-Emotional Learning?

According to the Collaborative for Academic, Social, and Emotional Learning (CASEL), social and emotional learning (SEL) is the process through which children and adults understand and manage emotions, set and achieve positive goals, feel and show empathy towards others, establish and maintain positive relationships, and make responsible decisions.

## How is it implemented?

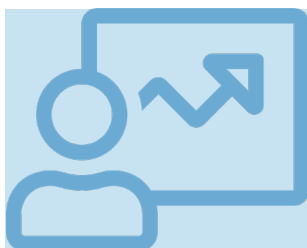
Social and emotional learning can be integrated into schools through a variety of ways:

- Explicit SEL skills instruction
- Integration with academic curriculum
- Teacher instructional practices
- Organization, cultural, and climate strategies



## Benefits of SEL

The largest study to date on SEL was a 2011 meta-analysis of 213 studies involving more than 270,000 students that showed those who participated in SEL programs showed an 11% gain in academic achievement. Other benefits include:



Improved  
Behavior



Strong Return  
on Investment



Improved Student  
Outcomes

Sources: 2018 Social Emotional Learning Report, McGraw-Hill Education.

["How Three States are Supplementing Federal Funds for Workforce Development,"](#) Urban Wire  
["What is SEL?,"](#) Collaborative for Academic, Social, and Emotional Learning (CASEL)

# Who Wants SEL?



96% of Administrators



93% of Teachers



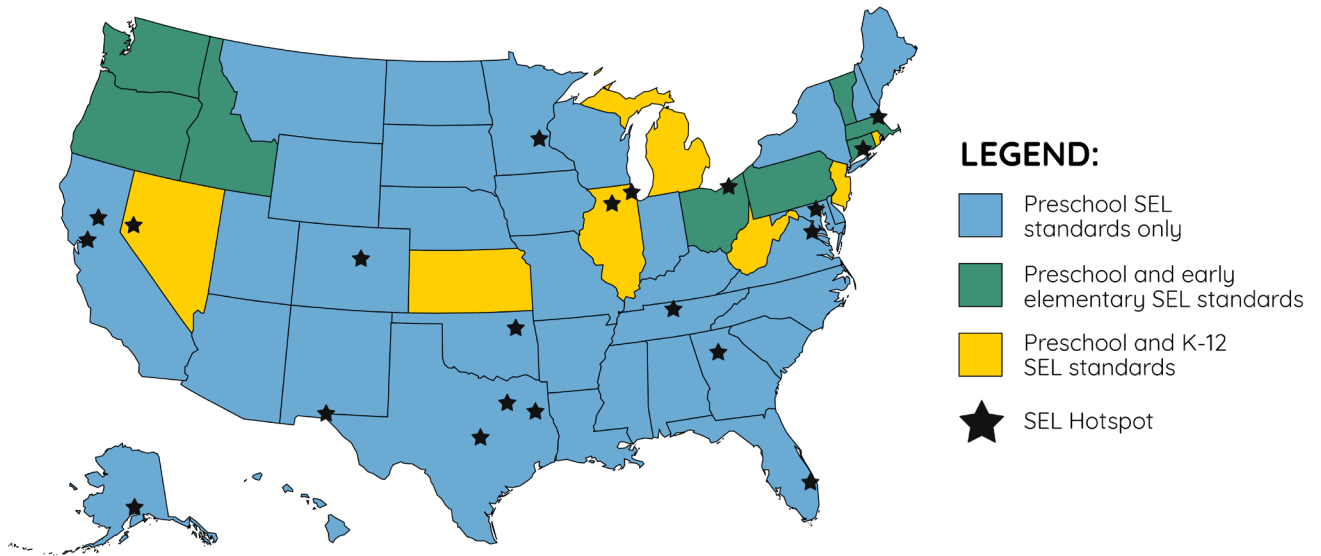
92% of Business Leaders



81% of Parents

Administrators, teachers, parents, and business leaders all place a high value on a 'whole student' approach to development. They all recognize that success in life, college, and career specifically relies on a student's cognitive, social, emotional, and academic development.

## What are States and Districts Doing?



As of 2018, all 50 states have preschool SEL competencies. However, only 8 states have SEL standards for elementary students and 8 states have them for K-12. For the last 8 years, CASEL has been working with 21 school districts, serving 1.8 million students, to help them strategically embed SEL into all aspects of their work.

## Promising Outcomes

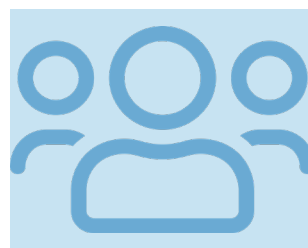
Although data availability varies, a general trend throughout the 21 districts demonstrated that students exposed to SEL competencies showed:



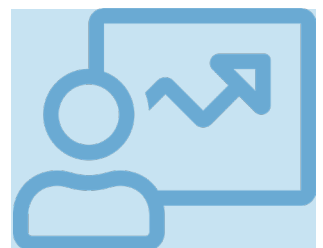
Improved academic achievement in reading & math



Increased attendance and graduation rates



Students feel safer and more connected to school



Improved behavioral outcomes

Download our SEL Toolkit at [www.AmericaSucceeds.org/resources](http://www.AmericaSucceeds.org/resources).